

How to Travel Your CPAP Machine

Traveling with your CPAP Machine can be easy if you plan ahead.

Here is what you will need:

- Letter from your doctor called a **"statement of medical necessity"** and a **copy of your CPAP prescription**
- **adapter wall plug(s)** for the countries you will be visiting
- an extra long **extension cord** for use in hotels
- a **large, clear plastic bag** - large enough for your CPAP machine to fit inside
- your **CPAP in its traveling case**

HOW MANY CARRY-ON'S

Airlines limit travelers to one carry-on bag and one personal bag such as a purse or briefcase; however, this does not apply to those carrying medical devices such as the CPAP.

You will be allowed the following:

- **one carry-on bag**
- **one personal bag** such as a purse or briefcase
- your **CPAP in its travel case**

DOCTOR'S STATEMENT of MEDICAL NECESSITY

Ask your doctor for 1) a **"statement of medical necessity"** outlining the reason you travel with a CPAP machine and 2) a **copy of your CPAP prescription**. When traveling internationally, these two documents can help you move quickly through security and customs. In addition, your prescription may help you acquire a new machine or replacement parts if your CPAP breaks.

HOW TO GET THROUGH U.S. AIRPORT SECURITY

When you go through airport security, pull your CPAP machine from its carrying case. To keep it clean, **place it in the large, clear plastic bag you brought before putting it into the bin to be x-rayed**. Your facemask and tubing can remain in the carrying case as it goes through the x-ray machine.

After it has been x-rayed, your CPAP machine will be hand inspected.

Ask the Inspector to:

- **change gloves before taking the machine out of the bag**
- **clean the table where the inspection will take place**
- **change the Explosive Travel Detection or ETD sampling media**

These steps will protect your CPAP's cleanliness, but you have to ask the inspector to take these steps; he or she will not automatically do these things.

Show the other side of this sheet to the inspector of help explain your needs.

We hope this information has been helpful.

Thank you for traveling with Educational Opportunities Tours

For more information, visit

<http://www.tsa.gov/travelers/airtravel/specialneeds/index.shtm>.



Transportation
Security
Administration

A CPAP is classified as Medical Respiratory-Related Equipment

How To Protect the Cleanliness of a CPAP

After a CPAP has been x-rayed, it must be hand inspected. TSA Inspectors can protect the cleanliness of my CPAP by:

- 1) **changing gloves** before touching the machine
- 2) **cleaning the table** where the inspection will take place
- 3) **changing the Explosive Travel Detection (ETD) sampling media**

**Thank you for protecting the
safety of our skies and
the cleanliness of my CPAP!**